

## PHYSIOTHERAPY PROGRAMME

Friday, 5 November 2010

### THE UNSTABLE SHOULDER

**Chairmen: D. Marinò, G. Monteleone, C. Ruosi**

- 08.00-08.15 Functional anatomy **F. Cautiero**  
08.15-08.30 Clinical and ethiopatogenical classification **A. Caporaso**  
08.30-08.45 Imaging **A. D'Elia**  
08.45-09.00 MR and Arthro MR **A. Ragozzino**  
09.00-09.20 Re-live Surgery: atraumatic and multidirectional Instability **A. Romano**  
09.20-09.40 Re-live surgery: traumatic instability - Latarjet **L. Vernaglia Lombardi**  
09.50-10.00 Rehabilitation following shoulder stabilization surgery **K. Wilk**
- 10.10-10.30 *Coffee break*

### THE LIVE SURGERY

**Chairmen: D. Creta, G. Di Giacomo, G. Severini**

- 10.30-11.10 **Live surgery:** Arthroscopic instability **R. Russo**  
11.10-11.50 **Live surgery:** Bony bankart repair with bone block **E. Taverna**  
11.50-12.00 Non surgical treatment: When, Why and How **A. Costantini**

### REHAB DEMONSTRATION

**Chairmen: R. D'Ambra, R. Gimigliano, A. Macca**

- 12.00-12.10 Rehab dry-treatment after surgery in shoulder instability **D. Creta**  
12.10-12.20 Rehab treatment with Lionese modified method in water for the arthroscopic instability **C. Morra**  
12.20-12.30 Rehab dry-treatment after surgery in sovra-equatorial shoulder instability **G. Severini**  
12.30-12.40 Rehab treatment of the shoulder instability treated with Latarjet **A. Boccia**  
12.40-12.50 Rehab treatment of microinstabilities and multidirectional instabilities **F. Inglese**  
12.50-13.30 Rehab demonstration **A. Boccia, F. Inglese, C. Morra, F. Tufo**
- 13.30-14.30 *Lunch*

### RE-LIVE REHABILITATION

**Chairmen: C. Ascani, F. Danelon, A. Foglia**

- 14.30-14.45 Pathogenesis of the capsulite retractile **A. Fontanarosa**  
14.45-15.00 Shoulder's capsulite treatment with fisio-kinesi and proprioceptive rehabilitation **D. Codeluppi**  
15.00-15.15 Rehab treatment of the capsulite retractile **A. De Vita**  
15.15-15.30 Non surgical treatment of the cuff lesions balanced on width and localization of the lesion **D. Codeluppi**  
15.30-15.45 Rehab problems on the arthroscopic treatment of the rotator's cuff with and without capsulite **C. Ascani**  
15.45-16.00 Rehab treatment in the cuff lesions in over-head sportsmen **G. Severini**  
16.00-16.15 Rehab treatment in the massive cuff lesions **P. Luciani**  
16.15-16.30 Rehab water-treatment in the massive cuff lesions **A. Foglia**  
16.30-16.45 Botulinum toxin in shoulder's disease **I. Fusaro**  
16.45-17.00 Long term result: what works best? **G. Di Giacomo**  
17.00-18.00 Rehab demonstration **A. Boccia, D. Codeluppi, P. Luciani**

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arthroscopy  
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Napoli (Italy)  
Hotel Royal Continental  
November 4 - 6, 2010

Live Surgery, Lecture  
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**Saturday, 6 November 2010**

**08.30-10.30 SHOULDER INJURIES IN SPORTS**

**Chairmen: M. Giordano, G. Porcellini, G. Walch, C. Zorzi**

- 08.30-08.40 First time dislocation management in contact and non contact athlete in UK **O. Levy**
- 08.40-08.50 First time dislocation management in contact and non contact athlete in Italy **S. Boschi**
- 08.50-09.00 Posterior shoulder instability management **F. Savoie**
- 09.00-09.10 How to manage a cuff pathology in professional sport players
- 09.10-09.20 Rare tendon ruptures in the shoulder: Pectoralis major, latissimus dorsi and teres major **F. Gohlke**
- 09.20-09.40 Questions
- 09.40-10.00 **Relive surgery:** A\C injuries acute and chronic: my approach **U. Mariotti/P. Motta**
- 10.00-10.10 Biceps injuries in sports **R. Hawkins**
- 10.10-10.20 Questions

**10.20-13.00 CLINICAL CASE IN SHOULDER SPORT INJURY**

Case presentations & interactive discussion

**Chairmen: E. Taverna, R. Vianello, J. Willems**

**Discussants: E. Arnaldi, P. Avanzi, F. Savoie, R. Vianello**

- 11.00-11.15 **Lecture:** Pathophysiology of shoulder in overhead sports **P. Tonino**
- 11.15-11.25 Work up and Exam of the Throwing Shoulder **F. Savoie**
- 11.25-11.35 Shoulder pain in tennis player **G. Di Giacomo**
- 11.35-11.45 Rehabilitation Of Shoulder Pain In Athletes **K. Wilk**
- 11.45-12.00 **Relive Surgery:** Evaluation and treatment of slap lesions **A. Castagna**
- 12.00-12.10 Is there a role for non-operative treatment for partial cuff tear? **F. Danelon**
- 12.10-12.25 **Relive Surgery:** Evaluation and treatment of partial cuff tear **P. Randelli**
- 12.25-12.35 Return to sports after shoulder surgery-overhead athletes vs contact athletes **K. Wilk**
- 12.35-12.50 What I have learned about shoulder problems in the throwing athlete **R. Hawkins**

**QUESTIONS AND FINAL REMARKS**

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